



**24-7
IMPACT
REPORT
Term Four 2025**



TERM FOUR 2025

24-7 youth mentors

Team

Simon – Mondays, Tuesdays & Thursdays
Renee - Tuesday and/or Friday
Katie – Wednesday

Term Four Focus

- Supporting students so they feel seen, valued and heard
- Consistency
- Lunchtime sports
- Youth Led Projects

Term Four Outcomes

Mentoring

- Katie - 16 students
- Renee - 15 students
- Simon - 25 students

Brief

Good communication leading to outcomes for Youth Led Projects - including completion of a project

Simon & Jodie (Team Leader) completed Youth Mental Health First Aid Course

Feedback from students about impact of youth workers on their wellbeing - 4/5

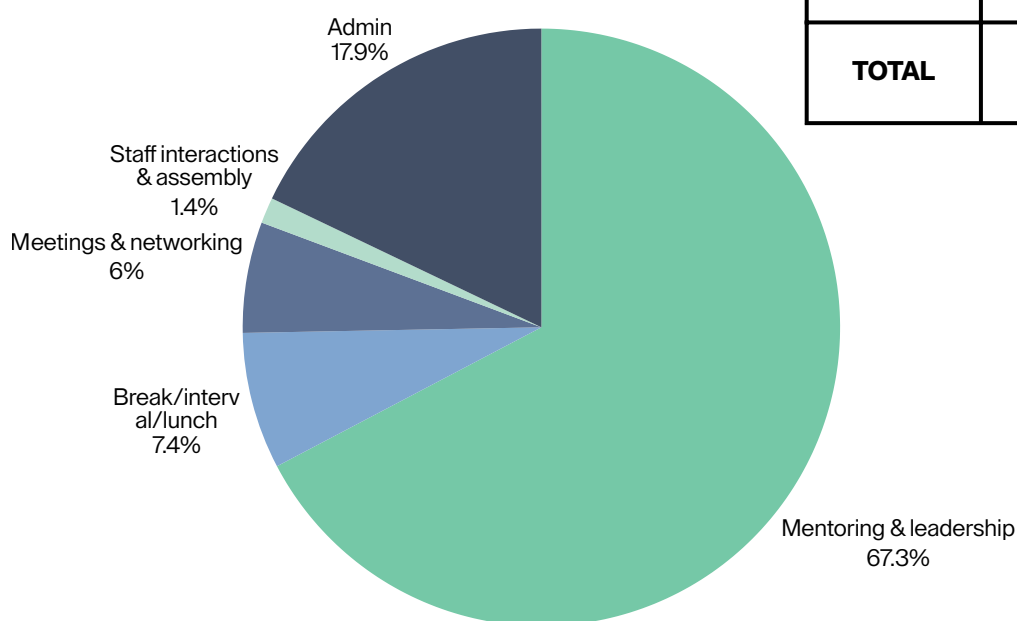
Student comments: Someone to talk to who listens without judgement - details page 6



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Mentor Stats

Youth Worker	Mentoring	Group	Event	Connections - total
Simon	95	80	700	875
Renee	28	41	45	114
Katie	72	36	0	108
TOTAL	195	157	745	1097



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Highlights

A highlight for me this term has been co-running the Seasons for Growth programme with Jodie.

It has been such an honour to walk alongside the girls as they have learnt new things to help them cope with change in life.

My highlight this term has been getting a bit closer with the counselling team. Because S19 is being worked on, I use one of the counselling rooms whenever I am at school. The counselling team is so wonderful to work with and I really enjoy my interactions with them.

I had a few highlights this term. The first one that comes to mind would be seeing the 'Youth Led Project' student group complete a project for mental health awareness week – part of this project was to give students an opportunity to anonymously create “compliment a teacher” notes and then compile them onto a board to present to the staff in the staff room. This was very successful and heartwarming to see that around 200 appreciation notes were received (plus the staff were very touched by these notes). Joining in with lunch time sports was also another highlight for me this term.



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Student Stories

Story one

While working in one of the counsellor's rooms a girl I had never met came in requesting to talk to someone about a situation that was distressing her. None of the counsellors had a free slot but I did so we had a meeting.

She opened up about a rather distressing situation in her life. I was able to listen and be someone she could confide in during that moment. As a result, we ended up forming a meaningful connection in the 45 minutes we met for. I intend to continue meeting with her and supporting her during this time.



Story two

One of my girls is moving schools next year and she came and thanked me for being her youth worker this year. She said the Salt programme has hugely benefitted her and she is very thankful for it.

Story three

Another one of my students has struggled with attendance issues all year. We've talked about this a lot and how we can make school a place she wants to be. We made some goals and my student achieved them in term 4 and has now significantly improved her attendance that it is no longer an issue. It has been awesome watching my students know they are seen, loved, valued and heard as you can see the positive effects it is having in their lives.

Story four

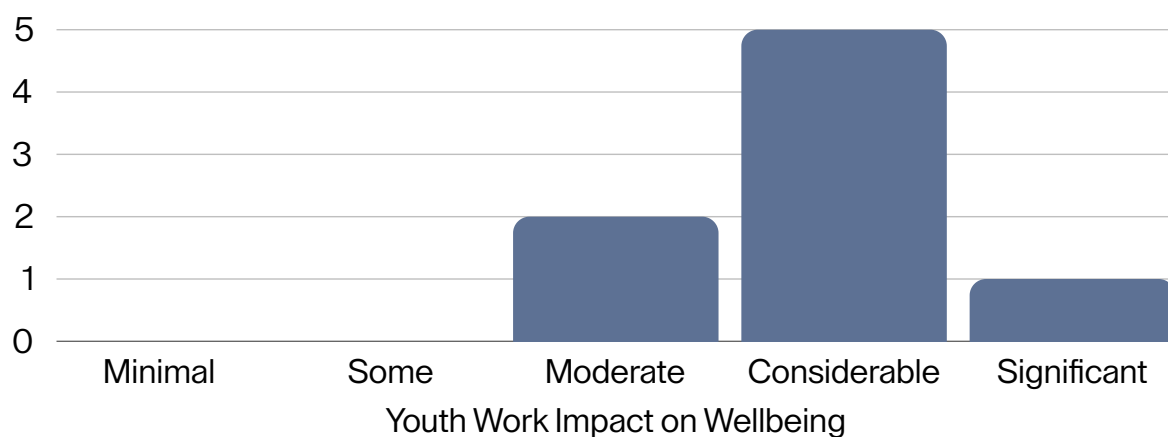
A student that I regularly see had been diagnosed with ADHD a couple of years ago and had since been taking medication to assist him in class at school. On one of the days towards the end of the term he had come up to me around midday and said that he had forgotten his meds that day and that he needed to go home to get them. I asked him how his day had gone without them, of which he confidently replied that it had gone surprisingly well!

He recognised that he was able to and very capable of using a lot of self-control. He mentioned that it was a boost in confidence for him in that he wasn't dependent on the medication but had grown in his skills to navigate how his brain is wired with ADHD. It was awesome and encouraging to see this growth in him, as in previous years he was much less confident in being able to control how he reacts in social situations or classroom environments.

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Student Feedback

What impact has seeing one of our 24-7 youth workers had on your wellbeing?



What has been good about seeing a Salt Youth Worker?

Being able to talk to someone about what your going through without being judged
Its been good to be able to talk and get some advice on different things
I get to take a break out of class and talk about stuff and play uno
It's good to talk about things I wouldn't usually talk about with friends or family
We can figure out way strategies to collect my anxiety
they help u with your problems
They are really nice
I get to talk to someone about my day and my feelings and they would listen and they wouldn't judge

What could we do differently?

I don't have a clue personally I have had a amazing experience.
i don't know; Nothing;
nothing it's really good
Have maybe snacks or drinks while in the session
watch youtube
I think it's good what you are doing
For me everything was good I have no cons